LIFESPAN INTEGRATION®

USA Edition. 1st Quarter 2026

Newsletter

"The more integrated you are in the present, the more your future has already changed." L. Young

Complex System Theory and LI. Online Learning Lab with Lea

Join us for an online Learning Lab with LI Instructor, Lea in the UK.

Friday 16 January 2026
5–7pm (UK time)
Online Fundraiser for The Lifespan Integration Institute

Open to LI clinicians who have completed Level One or higher.

Register:
www.lifespanintegration.org/donate/

Upcoming LI Trainings

Level 1
SLC, UT. Jan 9-10
Atlanta, GA. Feb 26-27
Seattle, WA. Feb 27-28
Seattle, WA. Mar 13-14
Birmingham, AL. April 9-10

Level 2
Atlanta, GA. Jan 9-10
Spokane, WA, Mar 6-7
SLC, UT. Mar 20-21
Seattle, WA. April 24-25

Level 3
Birmingham, AL. Feb 6-7
Atlanta, GA. Mar 6-7
SLC, UT. May 1-2

Level 4
Birmingham, AL. April 17-18
Seattle, WA. May 29-30
SLC, UT. Aug 28-29

Congratulations New Consultants & Certified!!

LI Consultants:
Takako Molgard, WA
Sarah Kardelen, WA

Congratulations to those who attended the LI Kid's Training in November! Next training will be in Spring 2026

LI Certified:
Miranda Gambetti, OR
Kristin Overman, WA
Erin Lilly, NM
Leslie Lima, KS
Liz Estess, AL
Deborah Hopkins, TN & AL
Tomomi Ito, WA
Lizet Lopez-Longoria, TX
Kelly Morrissey, FL
Bianca Raffety, WA
Jennifer Goldstein, WA & OR

News for Consultants:

Upcoming Consultant Team Meetings
February 13th, 2026 9am PST
June 12th, 2026 9am PST
October 9th, 2026 9am PST

LI Peer Group Recommendations

If you are running a LI peer group or plan to, please utilize these guidelines.

Purpose & Boundaries: These groups are for peer support only and do not count toward consultation hours. No instructional guidance should be given —refer instructional needs to paid consultation. Focus on shared experiences and ethical case reflection.

- **Stay LI-Focused: Keep all discussions relevant to pure LI practice. Avoid blending other modalities or discussing unrelated topics like politics to ensure clarity and purpose.**
- **Confidentiality & Ethics: Maintain strict confidentiality. Do not share specific or identifying client details. Follow professional ethical guidelines, including boundaries and dual relationships.**
- **Respectful Communication: Be kind, inclusive, and curious. Disagreements are natural, but respectful, compassionate dialogue is required. Let's maintain a safe, welcoming space for all.**
- **Group Dynamics: Keep discussions organized. Wait your turn, stay on topic, and bring questions for group reflection. Concerns about leadership should be addressed privately, not in group settings.**
- **Additional Consultation: Peer groups are encouraged to reach out to an LI Consultant for questions or concerns that are beyond the scope of the peer group.**

***Disclaimer: This is not an official Lifespan Integration (LI) group. These peer support groups are independently organized and are not affiliated with, endorsed by, or representative of official LI training or consultation.**

****Reminder: Participation does not count toward official consultation hours.**

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Updates to LI Certification as of June 2025

Below are some of the changes to the US LI Certification Requirements.

Please visit https://www.lifespanintegration.us/li-certification/ for a complete list of certification requirements.

Contact a US Trainer if you have any questions.

Changes only apply to those applying for certification from June 2025 forward.

- Over the course of their work toward LI certification, candidates are required to participate in a minimum of 10 individual consultation sessions with their primary consultant or 10 consultations as part of a dyad if their primary consultant offers this option. In addition they must participate in a minimum of 6 individual or group consultation sessions with their secondary consultant.
- Requirements for certification must be met within two years of application, unless granted an extension from the candidate's primary consultant/trainer.
- The candidate must have been using LI with their clients for a minimum of one year after taking the Level 4 training.

Happy LI-ing!